

Optimum Health Research

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**“DAVINCI”**

**International  
online conference  
on Covid-19  
and Vitamin D**

Optimizing Immunologic Functions  
that Help Reduce Risk for Infection, Morbidity  
and Mortality by Vitamins D, C & Integrative  
Orthomolecular Medicine Measures.

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OHR is a project of the charitable foundation DSGIP,  
supported by Gesund4You GmbH, Germany

# Optimum Health Research

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***Come in and join: overcoming the biggest health challenge of our century: 6. – 21. November 2021***

Meet a community of people who are interested in real health for everybody, which has its roots in the (r)evolutionary design of the human species by nature.

This new type of conference arises from the need to make scientific information available to the society with exceptional and special properties: quick, unfiltered and inexpensive, experts and laypeople together without limitations in the number of participants.

The word "DAVINCI" is not only a reminder of the brilliant Italian scientist and inventor, but it also represents the abbreviation of the motto of this new type of event: "**D**irect **A**ccess to **V**irtual **I**nternational and **N**ational **C**onference **i**nformation" (DAVINCI). This innovative event will collect and distribute the latest scientific information about vitamin D & Co worldwide. The goal is to overcome the Covid-19 Pandemic - and more!

About 20 keynote speakers and Prof. Michael Holick as president will give an "**Update 2021**" of the situation and invite everybody to participate - some as presenters of their own research results and others just as participants to listen and collect new information - broadcasted all over the world.

All this hot information will be available by the internet for as long as two weeks, including two weekends - 24 hours/day and 7 days/week without interruption. The ticket fee will be as small as € 50 for the access to the conference and another 20 € for an extensive upsell "Conference Package" (find more details later in the paragraph "Financial Aspects").

If you want to learn more, please go on reading this PDF or have a look at the landing page and book your conference seat 2021:

<https://optimum-health-research.net/>

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## Online Program 6. – 21. November 2021

(Status October 16, 2021, earlier information is no longer valid)

**President: M. Holick, USA;**

**Organizing committee:** J. Spitz, Germany and R. Cheng, USA; powered by Optimum-Health-Research

## Optimizing Immunologic Functions that Help Reduce Risk for Infection, Morbidity and Mortality by Vitamins D, C & Integrative Orthomolecular Medicine Measures.

19 keynote speakers and Prof. Michael Holick as president will give an “Update 2021” of the Covid-19 situation and invite everybody to participate to listen and collect latest information – broadcasted all over the world.

We are convinced, that the growing evidence of the great influence of vitamin D on our immune system combined with the worldwide awareness of the pandemic of viral infections offer a unique chance to put vitamin D in the correct light it deserves – as well in the medical field as well in the public opinion – especially, if accompanied by Integrative Orthomolecular Medicine Measures.

### Panel I: Focus on Immunologic functions of Vitamin D

Opening Lecture

**Michael F. Holick:** PhD, M. D.

Vitamin D and COVID 19 Pandemic – a historical situation dedicating the third decade of the 21. century to Vitamin D and sunlight.

**Hans-Konrad Biesalski:** Prof. Dr. med.

Nutrition as co-factor of Vitamin D for a strong immune system.

**Alessio Fasano:** M. D.

Microbiome and Immune system

**William B. Grant:** PhD

Epidemiology of Vitamin D deficiency and Covid-19

**Martin Hewison:** PhD

Physiology of our immune system with special regard to Vitamin D

**Karsten Krüger:** Prof. Dr. rer. nat.

Physical activity stimulates the immune system over the lifespan

**Winfried März:** Univ. Prof. Dr. med.

Role of Vitamin D in Non-Communicable Diseases (Diabetes Type 2 i.e.) as risk factors in the course of Covid-19 infection

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## **Panel II: Looking over the rim: Focus on Vitamin C and other complementary measures of Orthomolecular Medicine in the context of Covid-19**

**Ilyes Baghli:** MD

High dose Vit D in Covid-19 and other diseases, with support from the Algerian government

**Greg Beattie:**

Vaccine, Hype of Hope? The vaccine effort in historical perspective.

**Richard Cheng:** PhD, MD

Integrative Antioxidant Therapy in the Treatment of Severe Covid-19

**Michael J. Gonzalez:** BS, MS, MHSN, DSc, NMD, PhD, DNS, CNS, FANMA, FACN

Individual personalized prevention of Sars-Cov-2, with Diet and Supplements with Emphasis in Ascorbic Acid

**Thomas Levy:** MD, JD

Rapid Virus and Gut Recovery with Hydrogen Peroxide Nebulization

**W. Todd Penberthy:** PhD

Niacin History & Use in Medicine

**Andrew W. Saul:** PhD

Therapeutics with the B-Vitamins and Vitamin E: An Historical Perspective

**Atsuo Yanagisawa:** PhD, M. D., FACC

Clinical application of IV Nutritional Therapy

## **Panel III: The Prevention and Management of Long Covid and the Side Effects of Covid-19 Vaccines**

**Andrews Seth Ayyetey:** Rev. Prof.

Title to be announced

**Charles Bens:** PhD

Treating Long Covid Syndrome

**Richard Cheng:** PhD, MD

Integrative Orthomolecular Protocols for the Prevention and Treatment of Covid-19, Long Covid and Covid Vaccine Injuries

**Gottfried Glöckner:**

Experience in the cultivation and consumption of Bt – maize

**Thomas Levy:** MD, JD

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Resolving Long-Haul COVID and Vaccine Toxicity: Nailing the Spike Protein

**W. Todd Penberthy:** PhD  
Niacin/NAD & COVID-19

## Closing Lecture

**Jörg Spitz:** Prof. Dr. med.  
Plan B – Overcoming communicable and non-communicable diseases by a new health culture.

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## Time schedule for the preparation of the conference

**Time for Conference Event: 6. – 21. November 2021**

**For two weeks after the conference** there will be an online evaluation of the presentations by the participants to select outstanding papers.

**End of November 2021:** online discussion of the keynote speakers of each panel with participants and authors of outstanding papers (access included in tickets).

**End of December:** based on the discussed material a report “Update 2021: Vitamin D, C and integrative OM measures to overcome Acute Respiratory Tract Infections (ARTI) like Covid-19” will be published.

## Financial aspects of DAVINCI Conference (participants)

### Ticket fee:

To allow as much interested people as possible to attend, the conference will be organized online. So, there will be no costs for travelling and hotels nor limited seats for experts and lay people. The basic tickets will be available for € 50.-only. For those participants, who present a paper, the participation will be free of charge.

### The ticket fee covers:

1. access to the online conference with all presentations for two weeks,
2. the participation in the online evaluation of the speakers and
3. access to the different online discussions after the conference.

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## **Additional Conference package:**

To further improve the value of the tickets, a “Conference Package” is offered for another 20.-€, which includes in addition to the three items of the ticket:

- 4. permanent access to original presentations and keynote lectures (videos);**
- 5. PDF folder with all the foils of all presentations**
- 6. PDF Folder with all abstracts and citations of literature and**
- 7. PDF folder with the final reports of the conference, provided by the keynote lecturers.**

The conference package (price \$ 70.-€) can be ordered right away to participate in the conference with all items 1 – 7 or also at any time after the conference as an upsell for 20 €.-